



LEXINGTON SKI & SPORTS CLUB

September, 2019

Club Meeting

September 3, 2019

At

Roosters

124 Marketplace Dr.

Lexington

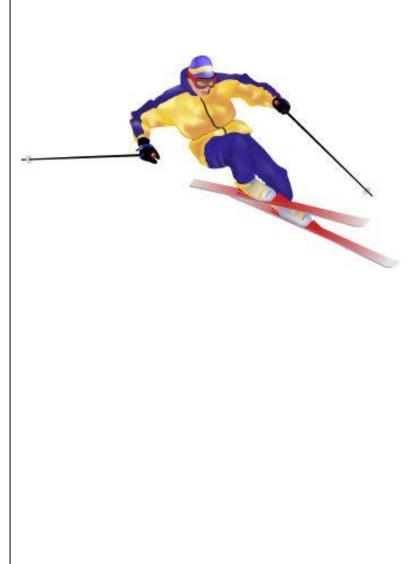
(off Man of War, just west of Nicholasville rd.)

Social Hour: 6:00 p.m.

Food, beer and wine are available for purchase.

Meeting starts at 7:00 p.m.

2019-2020 TRIP REVIEW & SIGN-UP!!!



2019 PROGRAMS

UPCOMING PROGRAMS

Watch for the following exciting programs currently being developed for 2019-2020!!!!

Presentations by representatives from Perfect North and Paoli ski resorts on the latest news for the 2019-2020 ski season.

LSSC custom logo options for all your clothing & gear along with other embroidery designs available from <u>EmbroidMe of Lexington.</u>

Strategies to Prepare for Ski Season and Effectively Reduce Risk for Injury

An Engineer Explains – So We Non-Engineers Can Understand – the Science of Skis.

NEWS FROM THE EXECUTIVE VICE

PRESIDENT

2019-2020 SKI SEASON!!!





PARK CITY/SUNDANCE, UTAH





RED MOUNTAIN, BC



CRANS MONTANA SWITZERLAND

The OVSC Western trips for the 2019-2020 ski season have now been set by the board of the LSSC. For trip details attend the August club meeting and check the club web page.

The trips and dates are as follows:

Western Trips:

Red Mountain, BC Jan. 25 – Feb. 1, 2020

Zermatt (Park City), Utah. Feb 22-29, 2020

International Trip:

Crans Montana, Switzerland

with Germany Extension or Standalone. March 7-23, 2020

SEE TRIP DETAILS AND CONTACT INFORMATION IN TRIP FLIERS

Club Interest Sought for a local New Year's /February Trip

Are you looking for a shorter, less expensive ski trip and prefer not to fly??

The board is exploring adding a trip(s) to Snowshoe over the New Year's Holiday and/or February 2020. It is still in the planning stage and would be finalized based on interest. So if you might be interested – please let Chris Ping or any board member know **as soon as possible**!! The trip(s) will **NOT** be offered unless there is sufficient interest.



POTENTIAL DATES

DECEMBER 29, 2019 – JANUARY 2, 2020 (4 NIGHTS)

FEBRUARY 9-13, 2020 (3 nights)

SUGGESTED ACCOMMODATION

Silver Creek Lodge (2-bedroom units)

INCLUDED

- 3 Days of lift tickets (4 day trip)
- 2 Days of lift tickets (3 day trip)

Lodging (4 nights/3 nights)

TRIP FEATURES

- 1. No air travel. Drive yourself or make arrangements to carpool with someone
- Snowshoe Mountain now owns Silver Creek (SC) so the lift pass can be used at either location.
- **3.** Silver Creek Lodge has everything you need/want within the lodge including: Sports bar/restaurant, indoor/outdoor swimming pool, indoor and outdoor jacuzzis, sauna, fitness room, general store, ski/snowboard rental shop, AND the SC ski area is just steps away! AND it is less expensive than staying at Snowshoe Village.
- **4.** Snowshoe Mountain closes at 4:30 but Silver Creek runs stay open until 9 p.m. So you can ski late and finish the day at the lodge.
- **5.** A free shuttle runs approximately every half hour from Sliver Creek to Snowshoe Mountain and Village. The village has shops and restaurants providing more options for dining.

<u>COST</u>

While exact trip costs can't be calculated until the number of participants is determined, the 4 night trip (lodging & lift tickets) is projected to be under \$775.00. Costs are based on group size.

Contact: Chris Ping at localactivity@lexskisports.org



RED MOUNTAIN

RED Mountain is the last great, unspoiled resort. Located in Rossland, BC, along the famous "Powder Highway," RED delivers 3,850 acres of pristine skiing unfettered by overdevelopment. Back in 2013-14, nearly 1,000 acres of mostlyintermediate terrain were added on Grey Mountain – an entirely new peak. With 300"/7.6m of annual snowfall, wide-open groomed runs, epic vertical (2,919ft/890m!), in-bounds cat-skiing, 360 degree descents off select peaks, a rich tradition, and the best tree runs in BC, come and enjoy fresh turns that you don't have to fight for.

Additionally, we will spend one day at Whitewater. Located just outside Nelson BC, on BC's famous Powder Highway, Whitewater Ski Resort is renowned for receiving over 40 feet of light, dry powder snow every season.

PAYMENT SCHEDULE

	Cash - Check	PayPal - Cr Card
August	\$100	\$100
September	\$450	\$465
October	\$450	\$465
November	\$450	\$465
December	\$349	\$360

FLIGHT DETAILS--Southwest Airlines*

WN4676 25JAN SDF-PHX 935A - 1140A WN3043 25JAN PHX-GEG 110P - 255P WN2853 01FEB GEG-DEN 130P - 440P WN4102 01FEB DEN-SDF 605P - 1030P *Free Bags Jan 25, 2020 to Feb 1, 2020

Standard Package \$1,799

Per person, double occupancy

SKI AREAS

Red Mountain (4 days)

Whitewater (1 day)

OVSC-Sponsored trip includes:

Round-trip airfare from Louisville to Spokane, WA Ground transportation from Spokane to Red 7 nights lodging 5-day lift ticket pass Welcome reception Apres-ski event Farewell party

Options

- No Air Subtract \$499
- Single Supplement Add \$675
- No Lift Ticket Subtract \$297 (reduction to remove a 5-day lift ticket from the Standard Package for ages 18-64)

other Lift Heket Options/ Aujustinents (1)				
Age Range	5-12	13-64	65 +	
No Lift Ticket	\$0	\$0	\$0	
3 of 7 Day Lift Ticket	\$125	\$183	\$152	
4 of 7 Day Lift Ticket	\$150	\$240	\$185	
5 of 7 Day Lift Ticket	\$175	\$297 (2)	\$223	
6 of 10 Day Lift Ticket	\$200	\$352	\$300	

Other Lift Ticket Options/Adjustments (1)

(1) All pricing includes 1-day at Whitewater

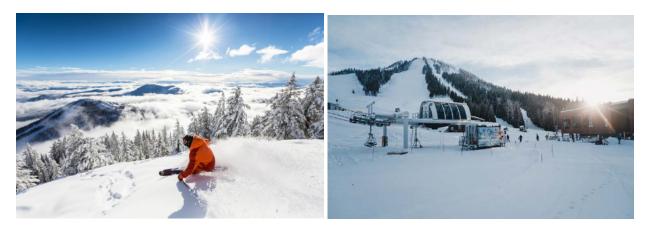
(2) Included in the Standard Package

Lodging Information

Lodging at Slalom Creek Condominiums – 2BR/2BA (ski in/ski out)

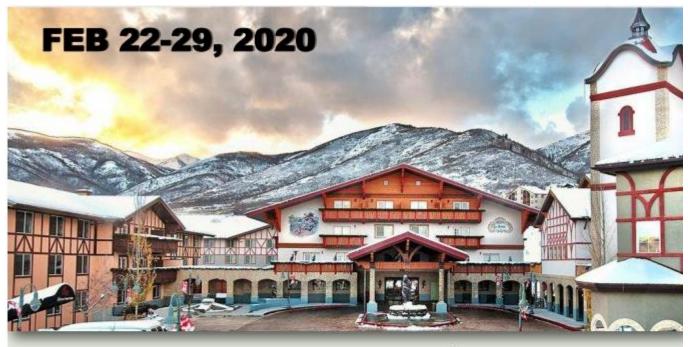
Miscellaneous Information

• Trail maps with detailed mountain information will be available at our club meetings.



Sign-up at <u>https://www.lexskisports.org/trips</u> or at one of our club meetings. For inquiries, please email Howard P Glauert at hglauert@uky.edu, or call/text 1-859-576-4929.

Park City / Sundance



INCLUDES:

R/T Non-stop, Cincinnati to Salt Lake City 2 bed/2 bath Condo – 4 guest per unit 1 day lift ticket at Sundance Transfers from SLC to Resort with grocery stop Daily shuttles to Park City & Deer Valley Daily Breakfast Buffet Blue trails ski tour on Sun. and Wild West ski tour Mon.

Zermatt Resort and Spa, Midway UT At the center of 6 major ski areas, it's the best in the west! Check out the backcountry guided tour, skiing all 6 areas in one day. Something for everyone: tubing, heli-skiing, catskiing, cross country, snowmobiles, dog sledding. Just 10min. to Heber City where you'll find a scenic train ride, whisky tours, shopping and many restaurants.

\$1,599 pp Many be slightly less based on final airfare.

Contact:

Tammy Johnson 502.542.3127

tjohnson@ablecare.tv





sundance





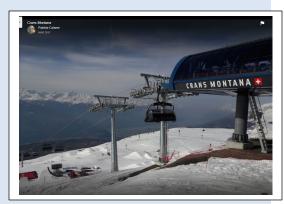
Purchase your Epic and Ikon Passes thru <u>www.winterskandsport.com</u> For special deals and rebates

Options

- No Air Subtract \$556
- Single Supplement Add \$644
- No Lift Ticket Subtract \$93 (reduction to remove a 1-day lift ticket for Sundance)
- Additional discounted lift tickets to Park City Mountain, Deer Valley, and the Cottonwood Canyon resorts will be available

	PAYMENT SCHEDULE		
	Cash - Check	PayPal - Cr Card	
August	\$100	\$100	
September	\$400	\$415	
October	\$400	\$415	
November	\$400	\$415	
December	\$299	\$304	

While skiing in Crans-Montana you have an impressive view of the Matterhorn and the Mont Blanc! The Swiss ski resort is situated at 1,500 to 3,000 meters above sea level and provides a variety of slopes of all difficulty levels. In addition to the slopes, snowboarders in Crans-Montana Aminona might like to try out the snow park. Moreover, a ski holiday in Aminoa offers a wide network of winter hiking trails. There are also many kilometers of cross country ski runs in the region under which the high altitude cross country course at the Plaine-Morte glacier that even allows skiing in summer.









CRANS-MONTANA and ZURICH, SWITZERLAND March 7 – 15, 2020

In Crans-Montana you can take advantage of sophisticated tourism infrastructure, unlimited shopping opportunities and the outstanding entertainment and leisure options. This town in the Valais Alps is surrounded by glorious nature and imposing 4,000-m-high peaks. Visit the fascinating Plaine-Morte glacier plateau and participate in numerous traditional and new outdoor activities and first-class cultural events. The selection of sports and leisure options is superb, with lots to offer kids and families, as well, earning Crans-Montana the "Families welcome" badge. An extremely diverse offering of entertainment and culture awaits you in Crans-Montana, no matter the season.

The surrounding area offers fantastic conditions for adventurous and (high) Alpine sporting fun: Crans-Montana is a paradise for all types of snow sports. The Crans-Montana-Aminona ski area awaits you with 140 km of pistes, paths for snowshoeing, sledding routes, cross-country ski trails, snowparks and much more.

What's Included ...

- Round trip air transportation between Lexington and Zurich via Delta Airlines.
- Transfers between Zurich Crans-Montana Zurich by coach with English-speaking Assistant
- 5 nights accommodations in Crans-Montana at the 3-star Hotel Valaisia
- Dinner daily, some three course menu, some buffet
- Breakfast Daily at the hotel in Crans-Montana
- Welcome drink and Orientation at hotel in Crans-Montana
- Complimentary use of the hotel indoor wellness center, including pool, hot tub, and fitness room
- Transfers between Crans-Montana and Zurich in private motor coach
- 2 nights accommodations at the 4-star Swissotel in Zurich
- Breakfast Buffet one of the best ever! daily at Swissotel
- Local Taxes
- Current Air Taxes of \$130 and fuel charges of \$250 – subject to change



Pricing is only **\$2,496** for all this! Remember that pricing is not final until ticketing due to fluctuations in currency rates and airline surcharges/taxes.









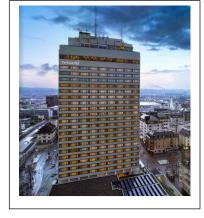






Zurich





Details.....

Just some of the Winter Activities available......

- Ski and Snowboard
- Heli-skiing and boarding
- Cross-country skiing
- Paragliding and hang-gliding
- Night Skiing
- Ski Touring
- Excursions and Snowshoeing
- Swimming
- Snowshoeing
- Winter hiking

Crans-Montana Ski Area

- 4921 ft Vertical Drop
- 4921 ft Resort Altitude
- 9841 ft summit)

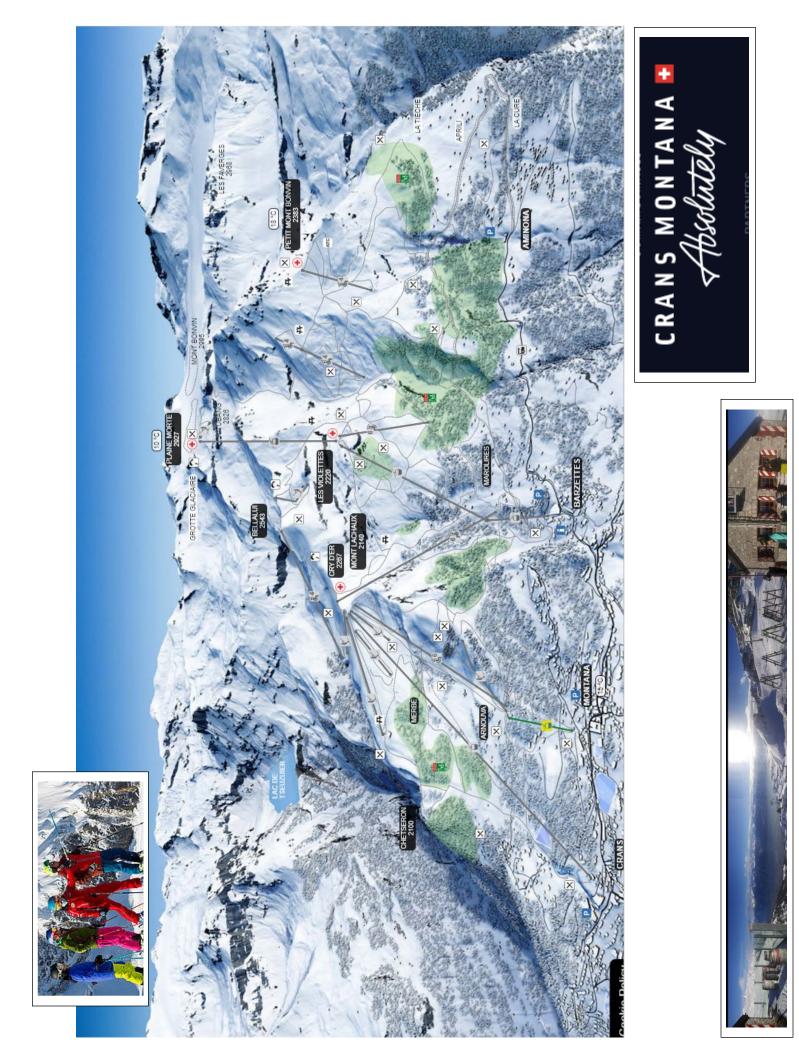
Four Ski Areas – Cry d'Er, Glacier area, Nature area, Arnouva

Features of the Area

- 140 km ski slope
- Several World Cup tracks (FIS)
- 61 ski slopes for each level
- 15 ski mountaineering trails
- The best snowpark in Frenchspeaking Switzerland
- The one and only 22" superpipe in French-speaking Switzerland
- More than 40 restaurants on the ski area
- Crazy après-ski at Cry d'Er Club d'Altitude
- 1 club at the top of the slopes
- Modern ski lifts
- 65 ha of mechanical snowmaking slopes
- An igloo village on the Plaine Morte glacier
- An 8 km long slope from the glacier to the village
- 4 adapted areas: the family area, the fun area, the glacier area, and the nature area

Pricing is only \$2,496 9for all this! Remember that pricing is not final until ticketing due to fluctuations in currency rates and airline surcharges/taxes. Contact trip leader Janet Graham Jones – 859.420.5016 or jgjones@uky.edu





GERMANY EXTENSION

March 15 - 23, 2020

If booked as an extension after Crans-Montana:\$1729 p.p. DoubleIf booked as a Stand-Alone Package:March 12 – 23:\$1999 p.p. Double **** Includes the 2 nights in Zurich with Crans Group but no airfare

Included features:

- 3 nights at the Holiday Inn Munich City Center
- 2 nights at the Hotel Europa in Bamberg
- 3 nights at the Hotel Amedia in Berlin
- Breakfast daily
- 1 Dinner in Munich at the Holiday Inn. March 15th
- 1 Dinner in local restaurant in Berlin. March 22nd
- All tours and transfers as indicated below in the itinerary
- All local taxes

Your Itinerary includes:

Included Tours:

- Neuschwanstein Castle & Entrance Fee enroute from Zurich
- City Tour of Munich includomg. Nymphenburg and Amalienburg Castles
- City Tour to Salzburg
- City Tour of Nuremberg
- City Tour of Bamberg
- City Tour of Leipzig
- City Tour of Berlin includomg Spreewald boat trip
- City tour of Potsdam including Castle Sans Souci

March 15: Swisshotel Zurich - Neuschwanstein - Munich

Entrance into Neuschwanstein Castle with reservation You will visit Neuschwanstein Castle, the most famous of the castles of Ludwig II and one of the most visited sights in Germany. The Neuschwanstein Castle is above Hohenschwangau near Füssen in the southeastern Allgäu in Bavaria. The castle was built in 1869 for the Bavarian King Ludwig II as an idealized idea of a knight's castle from the Middle Ages.

March 16:	Coach for full day guided city tour of Munich Your guide who will meet you at an agreed place is going to show you the most beautiful sights of Munich. Duration: approx. 8 hours Entrance to the castle Nymphenburg+Amalienburg You will visit the Nymphenburg baroque castle and the Amalienburg Castle built by Francois de Cuvilliés in
March 17:	Coach for Half Day Guided city tour of Salzburg Your guide who will meet you at an agreed place is going to show you the most beautiful sights of Salzburg such as the famous Getreidegasse, Mozart & market square etc. at the agreed place.
March 18:	Munich - Nürnberg - Bamberg Your guide will pick you up at the hotel in Munich for the transfer to Bamberg. Along the way you will stop and see the most beautiful sights of Nürnberg.
Match 19:	Coach for Guided city tour of Bamberg Your guide will meet the group at the hotel for the city tour of Bamberg and Umgebung
March 20:	Bamberg - Leipzig - Berlin Enjoy your Guide for the whole day including a guided city tour of Leipzig 2 h Your guide will show you the most beautiful sights of Leipzig before continuing to your final hotel destination in Berlin.
March 21:	Coach for the full day guided city tour of Berlin Your guide who will meet you at an agreed place is going to show you the most beautiful sights of Berlin, including a boat trip through the "Spreewald" in Berlin
March 22:	Coach for the full day excursion Potsdam, including Guided city tour Your guide will meet you at the hotel in the morning and show you the most beautiful sights of Potsdam, including a guided visit of Castle Sanssouci. Duration: Full day.

Sanssouci park encompasses 290 hectares and is an ensemble of castles and gardens which began in the 18th century under Frederick II the Great. You will visit the park and one of the castles

March 23: Depart Berlin

Your guide will meet the group at the hotel for the transfer to Berlin airport.

SOCIAL

PICNIC WITH THE POPS 2019



LSSC members attended the annual Picnic with the Pops concert featuring The Music of Queen! It was a very warm evening but there was no rain this year! As always, The Lexington Philharmonic performance was fantastic!

OKTOBERFEST 2019





Restaurant & Bier Stube

Time to get those Lederhosen out of the closet!!

Join the LSSC for German food and the music of "Der Wienerschnitzels"

at Marikka's

DATE: TBD - September, 2019

TIME: 6:30 p. m.

LOCATION:

Marikka's Bier Stube 411 Southland Drive Lexington, KY 40503

Marikka's is a German restaurant, bar, brewery, and volleyball complex located on Southland Dr, in Lexington, Kentucky. Kentucky's largest beer selection.

http://marikkaslex.com

Don't miss this always popular event!! We are awaiting the music schedule to be announced to select a date (late September).

MEMBERSHIP





IT'S TIME TO JOIN OR RENEW YOUR MEMBERSHIP IN LSSC !!!

Remember: You <u>must</u> complete a membership application if you plan to go on a LSSC ski trip (except one day trips).

Join or renew an LSSC web site by visiting the LSSC website or attending the September 7 club meeting.

Dues are \$40.00 per year and may be paid online or by check (fee is waived one time for *NEW* members going on a qualifying LSSC trip).

Please be sure to *sign the member waiver* – it is *required* to process an application.



Completed applications can be returned to Cecile McKinney (membership chairperson) at the meeting or mailed to the club's P.O. Box (see website).



BOARD NOTES



The board is pleased to announce the addition of Chris Ping as the new Local Trip Director!! We thank Tom O'Donnell for his work as the previous Local Trip Director and wish him well as he passes the torch to Chris who has already started working on developing local ski trips (see EVP section) and other fun activities. Please welcome Chris and share any suggestions you have for club outings!!

There is still an opening on the board for Marketing & Publicity Director. If you are interested, please let a board member know! The next board meeting will be held September 10, 2019. Members may attend any meeting of the board by notifying any board member in advance. Contact a board member for the meeting location if you would like to attend.

LSSC Officers and Directors

2019-20

PRESIDENT JANET GRAHAM JONES	MEMBERSHIP-CECILE MCKINNEY
jgjones@uky.edu	<u>cilkyus@yahoo.com</u>
PAST PRESIDENT – Jerry Anderson	WEB MASTER-DAVID MORRISON
	davidaaronmorrison@gmail.com
SECRETARY- Aggie Waninger	NEWSLETTER- ANNETTE RIEHLE
secretary@lexskisports.org	newsletter@lexskisports.org
EXEC VP-HOWARD GLAUERT	RACING-DIANNA MILLER
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TREASURER- CHARLIE LISLE	PRESIDENT-ELECT CHARLIE LISLE
clisle1512@aol.com	clisle1512@aol.com
SOCIAL – TARA KEEGAN	Marketing & Publicity Director - OPEN
Tarak828@hotmail.com	
	LOCAL TRIP DIRECTOR- Chris Ping
	localactivity@lexskisports.org



LSSC website: <u>www.lexskisports.org</u>

https://www.facebook.com/LexSkiSports/ https://www.meetup.com/Lexington-Ski-and-

https://www.facebook.com/groups/5285 26410566966/

OHIO VALLEY SKI COUNCIL, INC.

http://www.ovsc.org





http://skifederation.org