The Great Schuss

Lexington Ski & Sports Club

SEPTEMBER 4th MEETING: ANALUMNI REUNION!



LEXINGTON SKI & SPORTS CLUB, INC. P.O. BOX 22375 Lexington, KY 40522-2375 www.lexskiclub.org For September special postcard invitations were sent to former LSSC memebers. We miss our friends and want to see them so we've scheduled a special LSSC Alumni Reunion for the September meeting. Make sure you talk to any former members you know and

get them out to celebrate ski season's beginning with us!

Trip sign ups and membership updating will continue so remember to bring your check book (One check per trip and another check for your LSSC dues!). If you haven't already signed up

make sure you reserve a place on your trip(s) of choice!

Festivities begin Tuesday, September 4th, 6:00 p.m. at The Lexington Racquet Club Apartments Clubhouse, 3900 Crosby Drive, off Man-O-War Drive.

SEE YOU THERE!

LIVE FROM LAS VEGAS: PICNIC WITH THE POPS 2012

LSSC's Picnic with the Pops 2012 was a smashing success. With Social Chair, Linda Gorman, and Party-Guru, Dianna Miller, in charge it could not be anything else! The dual table set up was perfect for a casino theme and won LSSC first place in the decorating contest! Congratulations to all involved! And, since a picture speaks a 1.000 words, let me just share a few fine pix of a perfect August evening!











Award-wining tables, fun, feathers, friends and the "Rat Pack" . . . What more do you need?

INSIDE THIS ISSUE:

BOARD MEETING & BIRTHDAYS	2
TRIP PAYMENT SCHEDULE	2
BEAVER CREEK	3
EPIC LOCAL PASS	3
SALT LAKE CITY	4
LAKE TAHOE	4
SAN FRANSISCO	5
EUROPE	6-8
OVSC RACING	9
TRIP PROTECTION	Q

SEPTEMBER BOARD MEETING SCHEDULED

The next meeting of the LSSC Board will be on September12th at 6:30 p.m. in Room 127, "The Commons," of the UK HealthCare Charles T. Wethington Building, College of Health Sciences. Contact any Board member if you are interested in attending. All Board meetings are open to LSSC members. E-mail Linda Gorman (lsgorm0@uky.edu) if you need directions.

Charlie Lisle – President, clisle1512@aol.com

Dan Geiger – President-Elect, dan.geiger@insightbb. com

Howard Glauert – Executive VP, hglauert@uky. edu

Catherine Monzingo - Secretary, camonzingo@yahoo.com

Janet Jones -Treasurer, jgjones@uky.edu

Linda Gorman – Social Director, lsgorm0@uky.edu

Jan Clark– Newsletter Editor, janclark@roadrunner.com

Barbara Gibbs- Membership, beb5860@ yahoo.com

Terry Esrael - Webmaster, hwy66kicks@insightbb.com

Dianna Miller - Racing Director, hagski @aol.com



SEPTEMBER BIRTHDAY WISHES

Special good wishes to all of our members celebrating birthdays in September:

> Roman Puchovsky - Seot 8 Jay Pitman - Sept 12 Bonnie Gilbertson- Sept 28



<u>Don't forget</u>... If you didn't renew your membership in August, it's time! Separate checks for trips and dues, please!!

TRIP COSTS & PAYMENT SCHEDULES

Salt Lake City	Lake Tahoe
Cost - \$559 (land only)	Cost - \$1,489
August - \$100	August - \$250
September - \$100	September - \$250
October - \$100	October - \$250
November - \$100	November - \$250
December - \$100	December - \$250
	Cost - \$559 (land only) August - \$100 September - \$100 October - \$100 November - \$100

January - \$59

Trip Leader: Peter Woollam, woollam@aol.com

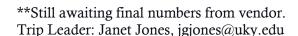
Trip Leader: Dan Geiger, dan.geiger@insight.com

Trip Leader: Catherine Monzingo, camonzingo@yahoo.com

January - \$239

Europe

Interlaken	Romania	Zermatt**
Cost -\$2,094	Cost - \$1,429	Cost -
August - \$350	August - \$250	August -
September - \$350	September - \$250	September -
October - \$350	October - \$250	October -
November - \$350	November - \$250	November -
December - \$345	December - \$189	December -





PAGE 3 SEPTEMBER, 2012

BEAVER CREEK, COLORADO: JANUARY 12 to JANUARY 19, 2013

Beaver Creek is a feast for the eyes, a delight for the senses. The influence of renowned resorts such as Switzerland's St. Moritz, Italy's Cortina, and Spain's Val d'Aran led to the creation of a unique mountain resort full of excitement and village luxury.



Originally designed to accommodate skiers of all abilities, Beaver Creek Mountain continues to welcome and challenge those who visit her slopes. From the gentle groomed runs of Strawberry Park to the rugged glades and bump runs of Grouse Mountain, Beaver Creek is enjoyed by all levels of skiers.

When George Townsend first settled in the valley in 1881, he knew he'd found something special - an exceptional mountain, lined with aspen groves and beautiful vistas that would become a Snowfall: 310 ins per year

world-renowned destination. 1972, Vail Resorts continued his vision by purchasing the land and began designing a resort that combined Western hospitality and Euro-While obstapean charm. cles delayed resort completion, Beaver Creek finally opened to the public December 15,1980.

Major events have always found a home at Beaver Creek. The mountain was named as a potential site for the 1976 Winter Olympics. In 1989, the resort hosted the World Ski Championships. Beaver Creek will again host the World Championships in 2015.

There are 4 mountains -Beaver Creek, Grouse Mountain, Larkspur Bowl, and Arrowhead Mountain.

Vertical: 4,140 ft

Top elevation: 11,440 ft Base elevation: 8,150 ft Skiable area: 1,815 acres Groomed area: 776 acres

Runs: total 149 - 19% beginners, 43% intermediate, 38% expert/advanced Longest run: Centennial 2.75 miles Lifts: 2 gondolas, 11 quads, 1 triple,

3 doubles

In Lodging will be at the East West Resorts slope side 3 bedroom/3bath (6 person) condos of Highlands Lodge, Westview, situated between the bases of the Highlands lift and the Buckaroo Gondola. More details are available at www.eastwestbeaver creek.com/highlands-west view.

> Included in the OVSC package are the following:

> 5 of 8 day Lift Package Welcome Party Après Ski Event NASTAR Ski Race Mountain Picnic Thursday Awards Dinner Race Awards Credential/Lanvards Ground transportation from Denver Airport (not individual transfers to/from Eagle Airport) on chartered buses.

> Cost is \$1,598.00, including air, or \$1,168.00 land only. Reservations have been held for 28 people. The trip leader is Peter Woollam at woollam@aol.com.

See www.beavercreek.com for more information.



CHECK OUT THE EPIC LOCAL PASS FOR BC & TAHOE!

If you are going to participate on both the Beaver Creek and the Lake Tahoe trips, you might want to consider purchasing the Epic Local Pass. The cost is \$509, or \$44 less expensive than the combined lift tickets for the two trips, plus you will have included additional ski days at these Vail Resorts. If you purchase

an Epic Local Pass (or Epic Pass if you plan to ski even more) let your trip leaders know so that you do not purchase lift tickets as part of your LSSC trip. Trip prices will be reduced accordingly.

Purchases and more information about the passes can be found at www. snow.com/epicpass/passes/ epic-local-pass.aspx







SALT LAKE CITY, UTAH: FEBRUARY 7-14, 2013

We are returning to SLC in 2013 to take advantage of the peerless variety of world class ski resorts near Salt Lake combined with great value. Recent Club polls placed Utah at the top of the list. We will have four ski days available.

We will be staying at the three star Crystal Inn in down town SLC (230 West 500 South). The trip cost is based on double occupancy with two beds in each room. The Crystal Inn provides a free hot breakfast buffet each morning, free wireless internet access throughout the hotel, free air port shuttle and free parking. All rooms have a mini-fridge, microwave, hair dryer and coffee maker. The hotel has a hot tub and swimming pool.

Numerous restaurants are nearby and SLC offers extensive shopping and attractions including Temple Square.

Also included in the trip is a 4-day Super Pass. The Super Pass provides skiing at your choice of Alta, Snow Bird, Brighton and Solitude. It also provides free transportation on UTA buses and Trax light rail system. It can also be used for a 20% discount on ski rentals at the Super Pass resorts.

The UTA provides ski buses in the morning and afternoon serving all the resorts on the Super Pass. A UTA bus stop is near the hotel.

Skiers must provide their own transportation to Salt Lake. A recent check of rates for Delta from Lexington showed a rate of \$475 including taxes.

The trip price is \$559, ground only. \$100 is required with a completed trip application to reserve a slot on the trip. After the initial \$100 payment, \$100 per month is due by the end of September, October, November and December. \$59 is due by the end of January. If you find it more convenient, payment in full can be made with the application.

The trip leader is Dan Geiger at dan.geiger@insightbb.com or 859.797.4212.



ALTA - BRIGHTON - SNOWBIRD - SOLITUDE





Trip Leader Dan Geiger

SOUTH LAKE TAHOE, NEVADA: MARCH 17-24, 2013

Get your skis and boards ready! We are headed to Lake Tahoe in March 2013!

Lake Tahoe is surrounded on all sides by the *Sierra Nevada* mountain range. Lake Tahoe was formed about 25-million years ago and is the second deepest lake in the United States at 1,645 feet deep (tenth-deepest in the world). Lake Tahoe has 75-miles of shoreline, is 22-miles long, 12-miles wide, and we will be skiing at least three of the resorts overlooking it.

We will stay at the remodeled *Forest Suites* 2 bed/2 bath condominiums located 100 yards from the Heavenly

gondola. The amenities include breakfast and wireless internet.

The air package includes airfare on **Delta** between Cincinnati and Reno, ground transportation between the airport and lodging, 4 day lift tickets and the usual OVSC amenities.

Travel from *Heavenly* to *Kirkwood* and *Northstar* will be approximately \$20 per person per trip. With enough participant interest, we can take an après ski cruise across the lake back to our resort and arrange to ski other resorts, such as Squaw Valley.



SOUTH LAKE TAHOE, NEVADA: MARCH 17-24, 2013 (continued)

Mountain/Resort Statistics

Heavenly: Elevation of 10,067 feet; 4,800 skiable acres over two states; vertical drop of 3,500 feet.

Northstar: Elevation of 8,610 feet; skiable acres of 3,170 (over 600 are gladed); vertical drop of 2,280.

Kirkwood: Elevation of 9,800 feet; skiable acres of 2,300; vertical drop of 2,000 feet.

The cost of this trip is \$1489 per person, double occupancy (\$953 land only). The trip leader is *Catherine Monzingo* at 859.315.8268 or camonzingo@yahoo.com.













OPTIONAL SAN FRANCISCO EXTENSION FROM LAKE TAHOE









The OVSC is offering an optional extension to San Francisco in place of the last two days at Lake Tahoe. The dates are March 22-24, 2013. The extension includes two nights lodging at the Hilton Fisherman's Wharf; round-trip charter bus transfers between South Lake Tahoe and Hilton Fisherman's Wharf and between the Hilton and the San Francisco Airport; one day private charter bus touring San Francisco sites; and return flight from San Francisco to Cincinnati. Optional activities or sites include:

Muir Woods-see giant redwoods;

Golden Gate Bridge;

Cable Cars;

Lombard Street:

Boat Trip and Tour of Alcatraz;

Ghirardelli Square;

Fisherman's Wharf and Pier 39;

Ferry Building and Farmer's Market;

Academy of Science and Exploratorium;

Golden Gate Park; and

DeYoung Museum.

The extension will only be added if there is sufficient interest. If you are interested please contact Catherine Monzingo (camonzingo@yahoo.com) or Howard Glauert (hglauert@uky.edu)



SWITZERLAND'S INTERLAKEN: MARCH 9 - 17, 2013

Snow Sports Specifics in Brief!!

In winter visitors benefit from the central location of Interlaken and the associated opportunity everyday to pick their favorite among the six areas of the Jungfrau Top Ski Region (Mürren/ Schilthorn, Klein Scheidegg/Männlichen and First) or the family-oriented ski region of Beatenberg or Axalp-Brienz. Over 45 mountain railways, aerial cableways, chair and ski lifts take athletes to 125 miles of runs. Crosscountry skiers and toboggan riders also are well catered for in the vicinity. And there are over 135 miles of winter walking trails in Interlaken, Beatenberg, Axalp-Brienz, Habkern, Wilderswil and the Jungfrau region. Guests staying in the area of Interlaken may take advantage of the daily ski bus transfer connecting Interlaken with the ski-region Mürren/Schilthorn, Kleine Scheidegg/ Männlichen, and Grindelwald-First.

In Wengen, see and ski the course of the legendary Lauberhorn World Cup downhill race, the longest and, many believe, the greatest race there is.

Staying in Interlaken, you will have easy access to great ski areas:

Grindelwald - First Kleine Scheidegg - Männlichen Mürren - Schilthorn Axalp Brienz Beatenberg -Niederhorn

Pricing is tentatively only \$2,095 for all this! Details and prices on side trips and the extensions to the Romania/Transylvania and to Zermatt will be available at the August meeting!

For more information, contact Trip Leader Janet Jones at 859.420.5016 or email at jgjones@uky.edu.

Interlaken lies in the Bernese Oberland on an alluvial plain, between Lake Thune and Lake Brienz. The vacation destination, which is presided over by the three mighty mountains, Eiger, Mönch and Jungfrau, is the starting point of many activities. Thanks to the new mystery park, a stay in Interlaken is even more rewarding than ever! Guests can com-



Schweiz · Switzerland · Suisse

bine a fantastic journey to the great mysteries of our world with exhilarating excursions of the Jungfrau region. So close . . . The Interlaken holiday region and its neighboring chalet villages of Beatenberg, Bonigen, Habkern, Iseltwald, Ringgenberg-Goldswil, and Wilderswil, are perfect for a relaxing yet active vacation.

And for vacation visitors who prefer to take life a little easier, various vessels (including two lovely restored lake steamers) offer a choice of captivating cruises. Interlaken also offers a magnificent mountain world. The Eiger, Mönch, and Jungrau seem close enough to touch. The Schillthorn, with its imposing 360° panorama and many other summits offer wonderful hikes. The glorious glacier village of Grindelwald, an ideal departure point for trips to the world-famous Jungfrauoch, is a mere 20 kilometers away.

What's included:

Airfare: Lexington → Zurich → Lexington

Ground transportation: Zurich → Interlaken (with English guide)

Seven nights at City Hotel Oberland

Breakfast buffet and dinner daily (Dine-Around Plan for dinners)

Welcome drink and area briefing in Interlaken Hospitality desk at the hotel daily with local guide

Use of high speed internet at hotel

Dedicated OVSC daily ski shuttle

Fuel charges/air taxes/local taxes/baggage-handling tips

Many great optional day tours

Discounted lift tickets and equipment rental

Optional pre-trip to Romania/Transylvania

Optional post-trip to Zermatt for skiing the Matterhorn area



PAGE 7 THE GREAT SCHUSS



























Details . . .

Just some of the Winter Activities available......

- •Ski and Snowboard
- •Balancer slope glider
- Canyon jump
- Curling
- Ice hockey
- Ice skating
- Glacier trekking
- •Heli-skiing and boarding
- •Climbing in winter
- Cross-country skiing
- Nordic walking
- •Paragliding and hang-gliding
- Riding
- Sledding
- Snowshoeing
- Swimming
- •Interlaken Rope Park
- Sky diving
- •Snow tubing
- •Winter hiking

It's pure adrenaline! Sky diving, heliskiing, paragliding, wide slopes and toboggan runs - there's no limit to the range of winter sports on offer in the Interlaken holiday region.

Interlaken's offer of winter sports and adventure is as good as the summer one! Rock around a snowpark, curve and carve your way across ample ski slopes, sledge down a toboggan run or two, or experience the free-fall sensation of sky diving. Ice skating, winter hiking, riding and even overnighting in an igloo make for somewhat quieter winter days that are just as thrilling.

ROMANIA/TRANSYLVANIA: MARCH 2-9, 2013

"Authentic," "Natural" and "Cultural" are the words that best capture the essence of Romania, a dynamic country rich in history, arts and scenic beauty. Romania offers countless unique travel experiences - beautiful, intact, medieval towns in Transylvania to modern

Bucharest, Romania's capital city. Take a step back in time as you visit one of the world's famous painted monasteries in Bucovina, the ancient, hilltop citadel in Sighisoara or an authenic, centuries-old, folkloric village. Explore Romania's many architectural treasures and experience its vibrant and flourishing arts scene.



- •Seven nights lodging in four- and five-star hotels
- •Breakfast and dinner daily, including
- •Dinner and folk show in Bucharest with wine
- •Dinner in the Dracula Restaurant with wine and special cocktail
- •Traditional dinner at a farm in Sibiel with wine and schnapps
- •Dinner in Old City Center of Sibiu with wine
- Horse drawn cart excursion, lunch included
- •Tour escort and guide throughout the trip
- Air from Bucharest to Zurich including taxes, fuel surcharge
- •Entrance fees for many of Romania's most famous sites
- •Local taxes, guide gratuities, luggage handling at

Pricing has not been finalized, and will depend on the total number of OVSC participants, the Romanian Lei– dollar exchange rate at the time of ticketing, and changes in fuel surcharges. Anticipate a price ranging around \$1,439, but could be more if lower than anticipated OVSC-wide count.







ZERMATT: MARCH 17-23

Zermatt lies at the foot of the Matterhorn (4,000m). In total there are 29 4,000m peaks surrounding the village, all packed with deep powder. The resort offers year-round skiing thanks to its glacier. The village itself is peaceful thanks to the absence of cars, only electric vehicles and horse-drawn carriages are allowed. Traditional architecture lines the streets, as do restaurants bars, and shops. Another member of the Best of the Alps coalition, Zermatt is unique and always a great place to ski.

Package includes:

- Ground transportation Interlaken Zermatt- Geneva
- Five nights accommodation at the Hotel Gorenergrat-Dorf + one night in Geneva
- •Breakfast buffet and four-course dinner daily
- •Hospitality desk at hotel
- •Local taxes, luggage handling, and tips
- •Lift tickets and ski/board rentals extra

Pricing has not been finalized, but will be approximately \$1029 + air and Geneva hotel add-on. (Note: Zermatt extension is only available in conjunction with the Interlaken trip.)



OVSC RACING SCHEDULED FOR 2013 (TENTATIVE)

Race Times by Location

Perfect North: Saturday ???; Sunday 10:00 a.m Paoli Peaks: Saturday 10:00 a.m.; Sunday 9:30 a.m.

Mad River: 10:00 a.m. for all races

All times are tentative. Check in at lodge prior to race



Date	Location/Race Format	Host Club
January 5	Mad River, OH/two GS	Columbus
January 6	Mad River, OH/GS & SL	Columbus
January 11	Perfect North Slopes, IN/two GS	Cincinnati
January 12	Perfect North Slopes, IN/two GS	Cincinnati
January 26	Mad River, OH/MR OPEN, Single SL, Duel GS	Columbus
January 27	Mad River, OH/MT OPEN, Figure 11, GS	Columbus
February 2	Paoli Peaks, IN/duel GS	Louisville
February 3	Paoli Peaks, IN/duel GS	Louisville
February 9	Perfect North Slopes, IN/two GS*	Cincinnati
February 10	Perfect North Slopes, IN/two GS*	Cincinnati
February 16	Paoli Peaks, IN/duel GS	Frankfort/Lexington
February 17	Paoli Peaks, IN/duel GS	Frankfort/Lexington
February 23 (?)	Perfect North Slopes, IN/two GS	Cincinnati
February 24	King/Queen of the Hill	Non-OVSC
March 1-3	West Virginia Governor's Cup Race	Non-OVSC
March 21-24	NASTAR National Championships, Snowmass, CO	Non-OVSC

February 9-10, Mike Robbins Memorial Race-Registration and additional fee required.

Editor's Note: Lodging discounts will be available at OVSC race locations. Details will be provided in future editions of *The Great Schuss*.





OVSC Ski Director, LSSC's own Dianna Miller, shows national bronze winning style in Colorado.



OVSC racers show the rewards of a good race.

SHOULD YOU GET TRIP INSURANCE????

It won't be long now!! In a few months ski season will be here and LSSC members will be traveling to Beaver Creek, Salt Lake City, Lake Tahoe and Interlaken! As we prepare for the upcoming season, there is always discussion about getting travel insurance for ski trips. Although it does add a bit to the trip cost, it can well be worth it should an accident happen, if you need to cancel at the last minute, or if luggage goes astray! (Although we hope this will NOT happen, sometime insurance really pays for itself.)

Although insurance is not offered as part of an LSSC trip package, there are several ways to purchase it. Listed below are several websites that discuss travel insurance as well as websites where you may compare prices and coverage. Pricing is based on amount and type coverage desired, length and cost of the trip, the destination to which you are traveling, the age of the participant, and the state of residence of the participant. In talking with numerous club members, we have used quite a selection of offerings.

Coverage is available for pre-existing conditions, cancellations, traveling companion cancellations, and medical needs, as well as numerous other needs and situations.



General information about travel insurance can be found at:

http://www.ricksteves.com/plan/tips/insurance.htm

http://www.frommers.com/articles/225.html

http://www.fodors.com/wire/archives/002131.cfm

http://www.usatoday.com/travel/news/2006-10-16-medicare-travelers-abroad x.htm

Pricing comparisons can be found (no significance to the order of the list!) at:

www.insuremytrip.com/

www.travelguard.com/ (quick comparison calculation at

http://buy.travelguard.com/pct2/calculator.aspx?pc=PCTDSINTERNATIONAL then select "View Pricing and Coverages" when the page comes up. It displays the four TravelGuard options, including the one that can be customized to suit any additional needs.)

www.1travelinsurance.com

www.quotewright.com

www.travelex-insurance.com/

In addition to the information above, you can also purchase insurance through the National Ski Council Federation (NSCF) at a reduced rate! (By being a member of the Lexington Ski Club, you are a member of NSCF. There are other additional benefits you may want to check out as well!)

To view the insurance available through NSCF, go to:

http://skifederation.org/Members/Benefits/Other%20Benefits/travel guard.html and follow the information there. (Note: you will need the member ID and password to access this. The ID is **skiclub** and password is **member**.) You might want to use the one of the comparison features above, then check out the NCSF discount. NCSF also has a link for 'outdoor recreation insurance': many medical policies do not cover skiing and/or snowboarding.



http://skifederation.org/Members/Benefits/Other%20Benefits/ori.html

If you do get insurance, please forward the company name and policy number to your trip leader for the master participant list: that way the information will be handy should anything happen – even lost and/or delayed luggage. (Any of you who were on the OVSC trip to Spain a few years back remember the lost/late luggage......!)

Trip insurance has proven invaluable for many LSSC members in the past few years....

Janet Graham Jones European Trip Leader